




Slightly Spicy Buffalo Meatballs

 Sep 8, 2023



- 2 pounds ground chicken (or turkey)
- 1/2 cup white wine
- 1/2 cup Frank's Red Hot Buffalo Sauce
- 1 cup small diced celery
- 1 cup small diced carrots
- 1 cup small diced onion
- 4 teaspoons minced garlic
- 1 ½ teaspoon sea salt
- 1 teaspoon pepper
- 2 large eggs
- 1 1/2 cups Panko breadcrumbs
- 1/2 teaspoon paprika
- 1/2 cup hot sauce (I recommend Frank's)
- 1 cup light brown sugar
- 2 tablespoons apple cider vinegar
- 1/4 teaspoon sea salt
- 1/4-1/2 teaspoon red pepper flakes (depending on spice preference)

***Note:** Adjust the spice level according to your preference by adding more or less hot sauce and red pepper flakes.