



## Slightly Spicy Buffalo Meatballs

📅 Sep 8, 2023



- 2 pounds ground chicken (or turkey)
  - 1/2 cup white wine
  - 1/2 cup Frank's Red Hot Buffalo Sauce
  - 1 cup small diced celery
  - 1 cup small diced carrots
  - 1 cup small diced onion
  - 4 teaspoons minced garlic
  - 1 ½ teaspoon sea salt
  - 1 teaspoon pepper
  - 2 large eggs
  - 1 1/2 cups Panko breadcrumbs
  - 1/2 teaspoon paprika
  - 1/2 cup hot sauce (I recommend Frank's)
  - 1 cup light brown sugar
  - 2 tablespoons apple cider vinegar
  - 1/4 teaspoon sea salt
  - 1/4-1/2 teaspoon red pepper flakes (depending on spice preference)
- \*Note:** Adjust the spice level according to your preference by adding more or less hot sauce and red pepper flakes.